

The Salt Lake Tribune

# EARTHWELL SUSTAINABILITY & WELLNESS FFSTIVAL









#### VWW.EARTHWELLFESTIVAL.ORG



## "WELCOME TO THE VILLAGE!"

EarthWell Festival was conceived as a Village: a cross between the cutting- edge of a Green Expo and the fun and funk of a Renaissance Faire. We have restaurants, shops, a medical clinic, streets, parks, a kid's area, places of worship, music, bars, a theatre, and even a "University" with classrooms.

Instead of booths we have shops and shopkeepers. Instead of police or security we have a "Please Patrol." Instead of politicians, we have suggestion boxes.

Our goal is to create a world you can step into for a few hours, leaving the old one behind, and have some fun. Try new things, sample new foods, explore alternatives; in short, discover how easy and comfortable it can be to live a greener, more healthy life.

We hope you will have a delightful time here and leave a better person for having visited

Chris Bachman, Festival Director



# WHAT'S THE **FUTURE** OF EARTHWELL AND **EARTHWELL FESTIVAL**

Ideally, the Festival will grow into the largest event of its kind in the region, becoming a place where all things good, green and healthy can be celebrated and shared; a place of joy, merriment, good food and education. We hope to evolve to having forums for public discussion, creating a gathering of alternative energy vehicles, expanding the roster of speakers and classes, and so much more.

During the rest of the year, we plan to launch a series of workshops, retreats, seminars, and speaker circuits to help support and spread the message of sustainability and wellness throughout the year. If you have ideas, comments, suggestions or criticisms, please let us know.

#### WWW.EARTHWELLFESTIVAL.ORG



## SUSTAINABILITY EFFORTS

EarthWell is committed to creating a fun, encouraging, educational environment while leaving a small carbon footprint.

#### RECYCLING

**EarthWell takes festival recycling seriously**. It may just be one festival, for two days, and a few thousand people ... But that is how change begins.

#### **PROHIBITED ITEMS**

**NO Plastic Bags • NO Disposable Plastic Bottles • NO Styrofoam** These items are bad for people and bad for the environment. They just don't make sense. Make the choice. Choose to Reuse.

Festival goody bags are 100% recycled cotton.

#### SERVICEWARE

At EarthWell Festival, everything you eat with, are served on, drink from or wipe your face with is **biodegradable**, **compostable**, **recyclable and/or reusable**. See, it isn't that hard.

#### SHADE ZONES

Our portable shade zones are an experiment born of creative need. They were built using found materials, are easily storable, reusable and entirely recyclable.

#### PRINTING

**EarthWell avoids printing whenever feasible**. For the festival, we chose digital options for brochures, letterhead, envelopes and more.

When printing, we used a printer that takes sustainability practices to heart. From chlorine-free paper to vegetable inks, biodegradable packaging and 100% wind power, PrintingForLess.com is our printer of choice.

And, if you received a discount by participating in our online survey, you helped us remove paper waste from the system. No paper form, no printed coupon, nothing but a few clean bytes of information. Thank you!

#### **PRE-PREPPED FOOD**

Most of our chefs have prepped food in their own kitchen before bringing it to the festival. This means less to haul back and forth (saves gas), less waste on-site (efficient), better storage, and **fewer additional resources like power, gas and water are needed at the festival**.

#### **SOLAR POWER**

Oh yeah, did we mention? EarthWell Festival is 100% solar powered. Neat, eh?

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Hosted by Redstone Center. With special thanks to Boyer Company.



# ACTIVITIES

## **SATURDAY & SUNDAY**

#### NOON – 3PM YOGA FOR KIDS (Ages 5+)

Fun Land Gently twist, turn, and balance creating poses based on nature. Laughter guaranteed. Adults welcome. Sessions begin at :15 past the hour.

#### **ONGOING ACTIVITIES**

#### **KIDS ART & CREATIVE EXPRESSIONS**

Creative art projects that reflect sustainability and eco-consciousness. Free or with a small fee to benefit The Girl Scouts.

- Recycled Harmonicas • Soda Bottle Terrariums
- Soda Top Bracelets
- Recycled Paper Snakes Bottle Top Necklaces
- Paper Bead Makina
- LIVE MUSIC Village Square/ University Plaza A wide range of artists take the stage - from gifted youths to old pros. Schedule on pg. 6. Produced by musicgarage.org.

#### **ROCK CLIMBING**

All skill levels, all ages. Come enjoy the thrill and challenge of going vertical!

#### BALLROOM DANCING

Demonstrations of various styles by ballroom dance professionals and FREE lessons throughout the day. Hosted by BallroomUtah Dance Studio.

#### LABYRINTH

Walk your way into a quiet meditation in this peaceful corner of the festival. Labyrinth provided courtesy of the Episcopal Diocese of Utah.

#### PURE SPIN

Eco-friendly gravity machine rides – be prepared to scream!

#### **CLASSES**

Over 40 FREE classes. Everything from Green Building 101 to Chakra Balancing. Class Schedules on pg. 21-22.

#### Cooking Demonstrations (3x/day)

**Kitchen Demo Tent** Check Kitchen Demo tent for class times and details.

#### SUNDAY ONLY

#### 1:00 PM TIBETAN BLESSING

**University Plaza** Watch as a Tibetan Priest bestows a peace blessing on the festival. Please be respectful and quiet during ceremony.

#### 3:00 PM **BIONEERS**

Join Salt Lake City Bioneers in a rebroadcast/discussion of Janine Benya's Natures 100 Best. Janine will discuss the top 100 biomimicry solutions to the environmental crises we face today.

#### 3:00 PM HULA HOOP COMPETITION

**Main Stage** Cash and prizes for longest duration. Show us what you've got!

11:00 AM - 4:00 PM

**FACE PAINTING** 

#### 165 Healing Way

Movement Studio

#### Fun Land

#### EarthWell University

#### Theatre

Fun Zone

#### Plastic Bag Jump Ropes

Fun Zone

Fun Land

- Grocery Bag Kites
- Recycled Sea Creatures

# LIVE MUSIC Presented by: musicgarage.org

Special Thanks to Lee Music

SAT	9/11	VILLAGE STAGE	UNIVERSITY STAGE
	10:00 AM	DON FULTON Didgeridoo	
	10:30 AM	CASSIDY DUHADWAY Drum Circle	
	11:30 AM	FOOD CLASS No Music	JANE LYON Singer Songerwriter (age 16)
	12:00 AM	ROCKGARAGE YOUTH BAND musicgarage.org	
	1:00 PM	STEVE AUERBACH Southern Piano & Vocals	GEOFF LAWRENCE Classical Guitar
	1:30 PM	KARSYN ROBB Singer-Songwriter	MACI DEBLANC Classical Piano
	2:00 PM	BROOKE MACKINTOSH Singer-Songwriter	
	2:30 PM	FOOD CLASS No Music	KARSYN ROBB Singer-Songwriter
	3:00 PM	JEFF LAWRENCE TRIO Blues/Rock	
	3:30 PM	FOOD CLASS No Music	GABINO FLORES Classical Guitar
	4:00 PM	CAVEDOLL Modern Rock	

# SUN 9/12 VILLAGE STAGE UNIVERSITY STAGE

11:00 AM	BROOKE MACKINTOSH Singer-Songwriter	
11:30 AM	FOOD CLASS No Music	GEOFF LAWRENCE Classical Guitar
12:00 AM	RAKATANGA Spanish Gypsy Party	OTTER CREEK
12:30 AM	KARSYN ROBB Singer-Songwriter	
1:00 PM	JANE LYON Singer Songerwriter (age 16)	HINDU PEACE BLESSING Ganesha Hindu Temple
1:30 PM	ROCKGARAGE YOUTH BAND musicgarage.org	
2:00 PM	FOOD CLASS No Music	KARSYN ROBB Singer-Songwriter
2:30 PM	STEVE AUERBACH Southern Piano & Vocals	GABINO FLORES Classical Guita
3:00 PM	FOOD CLASS HULA-HOOP COMPETITION	JANE LYON Singer Songerwriter (age 16)
3:30 PM	RAKATANGA Spanish Gypsy Party	
4:00 PM	CASSIDY DUHADAWAY Drum Circle	

#### SHOPS: SUSTAINABILITY

#### ADVANCED BUILDING SUPPLIES

Products for residential and commercial construction from the nation's top environmentally-focused building materials developers. www.absut.com **90 ALTERNATIVE ALLEY** 

#### ARBOR PELLET

Accepts waste wood and recycles it into highly efficient wood pellets with the cleanest burn of any solid fuel. Pellet fuel for home heating can be burned in a freestanding pellet stove, fireplace insert or a furnace. www.ArborPellet.com **360 GREEN CIRCLE** 

#### ASPEN ROOFING

Specializes in energy saving services that include solar roofing, attic ventilation systems and blown-in attic insulation.

www.aspen-roofing.com

**105 GREENWAY SOUTH** 

#### **BFADNIKS**

Organic beads from around the world, including wood, bone, African Trade and "Green" beads. Learn to make jewelry in a fun, creative and money-saving way. www.BeadNiks.com/parkcity 200 GREENWAY NORTH

#### BIOGRASS

Products are designed for lower water consumption, an issue of ever-greater importance in Utah and throughout the West. www.biograss.net **30 ECO DRIVE WEST** 

#### **BIONEERS**

Bioneers are scientists and artists, gardeners and economists, activists and public servants, architects and ecologists, farmers and journalists, priests and shamans, policymakers and citizens. They are everyday people committed to preserving and supporting the future of life on Earth. They herald a dawning Age of Restoration founded in natural principles of kinship, interdependence, cooperation, reciprocity, and community. Stop by, chat, learn more. www.WestminsterCollege.edu/bioneers 160 GREENV

**160 GREENWAY NORTH** 

#### **BLUE SKY RENEWABLE ENERGY**

A voluntary program available to Rocky Mountain Power customers, to help support the development of renewable energy in the region. **320 HEALING WAY** 

www.rockymountainpower.net/bluesky

DWELLTEK

Helps homeowners achieve their energy goals - one home at a time. www.DwellTek.com **20 ECO DRIVE WEST** 

#### **EBAY GREEN TEAM**

The greenest product is the one that already exists. Think eBay.
www.eBayGreenTeam.com
VILLAGE SQUARE

#### FRONTIER SALES RAINWATER HARVESTING PRODUCTS

Rain barrels and larger rainwater catchment systems for the collection, storage and reuse of precious water in an arid environment. www.FrontierSales.com 385 HEALING WAY

#### GEORGE'S ARCHITECTURAL SALVAGE

Saves used building materials from the landfills and finds new homes for them for house projects or alternative uses. Loads of really cool stuff! www.georgessalvage.com 355 HEALING WAY

#### GORILLA DESIGN INC.

Strives to continually seek innovative uses for both new materials and previously existing materials in an effort to forge a new understanding of sustainability. www.gorilladesign.org 100 GREENWAY NORTH

#### GREEN CLEAN

Cleaning products made from plants and vegetables with natural enzymes.
www.mrgreencleanut.com
365 GREEN CIRCLE

#### **GREEN ENERGY & SOLAR DESIGN**

Friendly advice, service and installation of solar and alternative energy solutions for Utah.
801-809-8817
80 ALTERNATIVE ALLEY

#### GROW PLUS+

Fills the need for a method of farming and production that produces higher yields per acre without using more water or chemicals which harm the planet. www.grow-plus.com 340 GREEN CIRCLE

#### **GROWING SPACES®**

Year-round, energy-efficient GrowingDome<sup>®</sup> greenhouses. These mini-ecosystems (in 8 sizes) provide a foundation for improved health and well-being on all levels. www.GrowingSpaces.com 200 GREEN CIRCLE

#### HARRIS-DUDLEY

Utah's Solar Thermal leader specializing in energy efficient and sustainable mechanical systems for residential and commercial properties. www.HarrisDudley.com 70 ALTERNATIVE ALLEY

#### LINEAR STARS

Christopher and Phillip Chipping have partnered to offer unique lighting options. Christopher is the electrical contractor and artist at heart. Phillip is the design and marketing arm of the business. (He is also the originator of the Invisible Shield by Zagg) Together they help clients create beautiful environments defined by light! www.LinearStars.com **390 HEALING WAY** 

#### MOUNTAIN MEADOW WOOL MILL

Our mountain merino<sup>™</sup> feels incredibly comfortable next to the skin and is itch-free. We are the only 100% merino wool yarn company in the US, women-owned and ranchsupported using ethical manufacturing and sustainable practices. Using gentle cleansers and chlorine-free processing, we enhance the softness of WOOL - nature's perfect fiber! Yarn, roving, mittens, hats, gloves and a variety of wool products. www.MountainMeadowWool.com **400 HEALING WAY** 

#### NORWEX

Environmentally friendly cleaning products and microfiber cloths which radically reduces the use of chemicals in personal care and cleaning. www.Norwex.com **305 INNER CIRCLE** 

#### PARK CITY LOCAL CARD

By registering a Park City, UT Local Card, you join thousands in your community who want business offers and news sent to them electronically - not on paper, mailers, coupons, flyers, or mass paper marketing. Park City, UT Local Card holders will help prevent MILLIONS of pounds of paper waste from being sent to landfills in 2010! Come sign up! It's Free! www.ParkCityLocalCard.com **190 GREENWAY NORTH** 

#### PC GREEN MACHINE, LLC

Your green solution to complete indoor air guality! Green carpet & upholstery cleaning and air duct cleaning. www.PCGreenMachine.com **370 HEALING WAY** 

#### PARK CITY MATTRESS

Green mattresses and pillows from Natura including Nexgel mattresses, and Latex mattresses. All are hypoallergenic. We also carry TempurPedic mattresses and pillows for a healthy back and neck. www.ParkCityMattress.com **355 GREEN CIRCLE** 

#### PROACTIVE ENERGY CONCEPTS

A green builder that has demonstrated a commitment to sustainable building techniques and materials. Extensive energy and green building experience. www.built-green.com **50 ALTERNATIVE ALLEY** 

#### SHOPS : SUSTAINABILITY

#### **RECYCLED STONE PRODUCT**

Collection, fabrication, and installation of scrap granite counter-top material collected from granite fabricators doing business in the Salt Lake Valley. **325 INNER CIRCLE** www.RecycledStoneProducts.com

#### **RECYCLE UTAH**

Empowers people to lead sustainable lives. Recycle Utah is a comprehensive drop-off center in Park City for all Summit County residents. **315 HEALING WAY** www.recycleutah.org

#### **REDIRECT GUIDE**

The directory for healthy and sustainable living in UT, CO, OR and WA. **165 GREENWAY SOUTH** www.ReDirectGuide.com

#### SALT LAKE CITY GREEN

Award-winning environmental programs that help conserve resources, reduce pollution, slow climate change and ensure a healthy, sustainable future for Salt Lake Citv.

www.slcqov.com/slcqreen

124 EARTHWELL BLVD.

#### SEGO LILY SCHOOL

A 100% carbon neutral school where students are free, fully responsible members of the school community. Trust, respect and democracy are not just talked about; they are realized and practiced everyday. 120 EARTHWELL BLVD. www.segolilyschool.org

#### SILPADA DESIGNS JEWELRY

Detailed craftsmanship and uncompromising quality. The best jewelry designs, finest .925 Sterling Silver, handpicked natural materials, custom cut, colored glass. Use of gemstones with texture and individuality. **315 INNER CIRCLE** www.mysilpada.com/laura.helm

#### SKYLIGHT SOLUTION SYSTEMS

Need more light in a room? How about a fresh breeze? Check out the latest in roof windows, sun tunnels & skylights. Also learn about federal tax credits. www.SkylightSolutionsUT.com **145 GREENWAY SOUTH** 

#### SUNLIGHT SOLAR SYSTEMS

A fully licensed solar photovoltaic contractor that is trained and qualified to design and install solar photovoltaic systems. **110 ALTERNATIVE ALLEY** www.sunlightsolar.pro

#### SUN OVENS INTERNATIONAL

High quality, high temperature solar-powered cooking appliances to bake, boil and steam food which are used in the U.S. and in developing countries to help combat deforestation.

www.SunOven.com

#### **335 GREEN CIRCLE**

#### SUSTAIN UTAH

Sustain Utah is a non profit that supports those who support our environment. Stop by to find out what is happening with sustainability in Utah. www.SustainUtah.org 83 EARTHWELL BLVD.

#### THE SUSTAINABLE BUILDING CENTER

Houses multiple businesses that serve many facets of our community's needs from green roof construction to advanced cloud computing business consulting. www.GreenRoofUtah.com www.JDChambers.com **10 ECO DRIVE WEST** 

#### UTAH CLEAN CITIES COALITION

One of 85 coalitions around the country that is part of the U.S. Department of Energy's strategy to reduce America's dependence on imported foreign oil. www.UtahCleanCities.org **CORNER OF ECO DRIVE W & GREENWAY N** 

#### UTAH SOLAR & ALTERNATIVE ENERGY

Park City's home-grown solar company. www.utsolarpower.com

#### **124 GREENWAY SOUTH**

#### UTAH SOLAR ENERGY ASSOCIATION (UTSEA)

Promotes the usage of renewable energy, with a focus on solar energy, through education, public outreach, participation in policy development and more. www.utsolar.org **60 ALTERNATIVE ALLEY** 

#### **USU EXTENSION**

A wealth of information awaits you at USU. From agriculture to health, explore the possibilities. (Saturday Only) www.USU.edu **330 GREEN CIRCLE** 

#### WINDOW DYNAMICS

Moisture in your windows? Don't replace, restore! Environmentally responsible solutions to failed windows. 435-513-4406 365 HEALING WAY

#### YOUR VALET – FINE DRY CLEANING

Complete dry cleaning/laundry services, featuring the environmentally friendly GREENEARTH process. Your Valet offers free Home Delivery Service to the Greater Park City area. www.yourvalet.com

**345 INNER CIRCLE** 

## VILLAGE MAP



Hosted by Redstone Center with Special Thanks to Boyer Company

#### VILLAGE MAP



www.earthwellfestival.org

#### ACUPUNCTURE COMMUNITY

Consists of Summit County's finest healing therapists offering Acupuncture, Herbal Medicine, Auricular Therapy, Allergy Elimination, Supplements, and Body Work. 10 CALLE LA VIDA 435-602-9750

#### APPLEGATE HOMECARE AND HOSPICE

A family-owned and operated provider of Homecare and Hospice services for Utah and Idaho. We are Summit County's ONLY local agency. **135 INNER CIRCLE** www.ApplegateHomeCare.com

#### AVATAR UTAH

A nine-day self-empowerment training delivered by a world-wide network of licensed Ávatar Masters. www.avatarepc.com **155 HEALING WAY** 

#### AWAKEN WITHIN

Wake up to your true self through Rapid Eye Technology and Intuitive Life Coaching sessions. Assist others on their spiritual journey by becoming an Intuitive Life Coach or Rapid Eye Technician. www.awakenwithin.net **105 HEALING WAY** 

#### BALANCE WELLNESS CENTER

Just 15 minutes from Park City, offers therapeutic massage and energy healing services, fascinating classes and workshops, plus natural products that promote health and overall well being. www.balance245.com **135 GREEN CIRCLE** 

#### **BALLROOM UTAH**

Offers private and group dance classes including Ballroom, Latin, Country, Wedding, Swing and Salsa to students of all ages. www.BallroomUtah.com **150 INNER CIRCLE** 

#### BAREFOOT

Shows how Earthing is the landmark discovery that this energy upholds the electrical stability of our bodies and serves as a foundation for vitality and health.

www.earthinginstitute.net

#### **BIONEERS**

Scientists and artists, gardeners and economists, activists and public servants, architects and ecologists, farmers and journalists, priests and shamans, policymakers and citizens. They are everyday people committed to preserving and supporting the future of life on Earth. They herald a dawning Age of Restoration founded in natural principles of kinship, interdependence, cooperation, reciprocity, and community.

www.WestminsterCollege.edu/bioneers

**160 GREENWAY NORTH** 

**55 CALLE LA VIDA** 

#### **BOOTH LAW**

Ms. Booth and Mr. Kelley will offer information and limited advice on avoiding liability in your day-to-day and business lives and achieving "legal wellness" in all aspects of your life including estate planning, family law, small business law, and property law. They will also offer resources and information on selecting and retaining a lawyer, working with an attorney, and utilizing an attorney's services efficiently. **150 GREENWAY NORTH** 435-655-3033

#### **BUDDHA MAITREYA SOUL THERAPY CENTER**

Discover more vitality, joy, peace and wellness from the Shambhala Meditation & Healing Tools. Based on sacred geometry, crystals and magnets, these tools apply the principles of vibrational medicine.

www.soultherapy.org/slc

#### CATALYST MAGAZINE

CATALYST has its finger on the pulse of our society's most intriguing movement: the rise of the "cultural creatives" — those who take a whole-systems approach to the world's ecological, social and spiritual crises. **195 GREENWAY SOUTH** www.CatalystMagazine.net

#### CENTER FOR GLOBAL LEADERSHIP

CGL trains, mentors, and funds inspired young entrepreneurs around the planet ...We bring together young people from various countries, cultures, races, religions, and income levels to resolve pressing local and global issues. Young people changing the way our world works. www.LeadGlobally.org **134 EARTHWELL BLVD.** 

#### CRYSTAL SPRINGS HEALING

An internationally recognized and respected Reiki Master Teacher and Intuitive Holistic Healer, Carina facilitates profound, deep healing issues related to physical, mental and/or emotional pain through her powerful, loving hand and acute perceptive gifts. **80 CALLE LA VIDA** 

www.crystalspringshealing.com

DANCING TURTLE FENG SHUI AND PROFESSIONAL ORGANIZING Assisting people for nine years to bring their surroundings into balance for health, clarity and a joyous sustainable life. www.ClaudiaDraper.com

#### DIFFUSER WORLD

A world-renowned Utah company, has revolutionized today's healthy homes by removing Toxic Chemical "Air Fresheners". We design and manufacture Naturally Healthy Essential Oil Nebulizing Diffusers. www.DiffuserWorld.com 160 HEALING WAY

## **150 HEALING WAY**

#### DOTERRA

doTerra knows that your health is important. We offer Essential Oils and Wellness Products, Nature Sunshine Products, and Zyto Readings. Come visit our Holistic Health Coach, Herbologist and Iridology Energy. www.MydoTerra.com/psmith **30 CALLE LA VIDA** 

#### EARTHBOUND

Natural & organic, health & beauty products that are earth friendly and contain no harsh or carcinogenic chemicals, additives or preservatives. Locally owned and operated. 801-687-7504 **175 GREEN CIRCLE** 

#### **EDIBLE WASATCH**

Utah's new magazine of healthy eating and growing. Stop by and pick up a copy. www.ediblecommunities.com/wasatch **155 GREENWAY SOUTH** 

#### **EXPANDING HEART**

Offering books, music, and jewelry to assist with your spiritual awakening. We offer intuitive spiritual guides in-store seven days a week. **90 CALLE LA VIDA** 435-649-1255

#### FENG SHUI RESULTS AND DESIGN SERVICES

Interior design to take your life or business to the next level by using your environment to boost your health, energy, relationships and success. www.FengShui-results.com **180 HEALING WAY** 

#### **FIBROWELLNESS**

Revolutionary treatment of fibromyalgia and its many symptoms. Transform your health through lifestyle and dietary changes, body work, supplementation and the magic of Total Body Modification™. www.FibroWellness.com **140 GREEN CIRCLE** 

#### FREEDOM CHIROPRACTIC FAMILY LIFE CENTER

Helping to gently connect individuals and families to their inborn potentials for greater health, healing, and happiness. We do this by unwinding and rebooting the spine and nerves that control the body. www.IncredibleDrYou.com

#### **GLAMOUR GALZ BEAUTIQUE**

Green and organic beauty supplies and products. Located on Main Street in the heart of Kamas, UT. www.GlamourGalzBeautique.com **360 HEALING WAY** 

#### **GLUTEN-FREE TEMPTATIONS**

Gluten-free and sugar-free never tasted so good. Come get your goodies! www.glutenfreetemtations.com **32 HEALING WAY** 

**50 CALLE LA VIDA** 

#### **GOLDEN BRAID BOOKS**

Books • Gifts for the mind & soul • Healthcare Items • Candle • Chimes Handmade jewelry & accessories from Uganda • Your sanctuary at the festival. www.GoldenBraidBooks.com 175 HEALING WAY

#### **GROWING SPACES**

Using technology in combination with wind, sun, water and earth, Growing Domes are efficient yet affordable. They allow homeowners to grow fresh vegetables, flowers, fruit, and herbs year round, with minimal extra heating or cooling. www.GrowingSpaces.com **200 GREEN CIRCLE** 

#### **INNER CHI HEALING**

Tap into your own energy centers, heal beliefs and genetic traits, overcome fears. balance your emotions, discover a new powerful you. Experience a 20 minute personal assessment and learn how to become the person you truly want to be. www.InnerChiHealing.com 145 HEALING WAY

#### JORDANELLE STATE PARK

Jordanelle Reservoir provides critically needed water to the Central Utah area. Jordanelle State Park provides many recreational activities including boating, fishing, hiking, biking, birdwatching, camping, nature tours, etc. Come out and play. www.stateparks.utah.gov 110 EARTHWELL BLVD.

#### **KARUNA LOFT**

A co-operative of massage studios located in on the 4th floor at 614 Main Street in Park City. Websites related to our products & services are pcBodyWorks.com, concertcomfort.com, mountainvalleymassage.com & 60 CALLE LA VIDA herbaljunctionelixirs.com.

#### LIFE DREAM COACHING

Offers a powerful blend of professional life coaching techniques with energy work to bring order to your beautiful confusion. **70 CALLE LA VIDA** www.lifedreamcoach.com

#### LIVE BETTER WITH DOTERRA

We know that your health is important to You and to Us. That is why we are offering some superior products at our booth; doTerra Essential Wellness, Nature Sunshine Products and Zyto readings. We will have a Holistic Coach, Herbologist and Iridology Energy and much more. Come join us to invigorate and heighten your overall well-being. You will be glad you did. www.MydoTerra.com/livebetter **20 CALLE LA VIDA** 

#### MARY DONNAN ENERGY HEALING

Luminous body energy healing services including chakra clearing, illuminations, extractions, and soul retrieval. I teach Dying Consciously classes. I read the Tarot. Services provided in SLC. 801-669-4040 **175 GREEN CIRCLE** 

#### **MIGUN WELLNESS CENTER**

offers the most interesting alternative health products on the market today, products that combine Eastern Medicine & Western Technology. Visit us for 5 FREE Sessions on the Migun Thermal Massage Bed System. www.MigunOfSaltLake.com **185 HEALING WAY** 

#### MOONBEAM GALLERY - EVELYN TERRANOVA

My holistic background of Art, Massage, Natural Health, Shamanism, Evolutionary and Esoteric Astrology work on your behalf to relieve stress, and increase well-being. Meet change with open eyes and heart. www.MoonbeamGallery.com **40 CALLE LA VIDA** 

#### MOUNTAIN FAMILY HEALTH

"Ask the Doc" - FREE Mini-Consultations and blood pressure checks. Meet the family of health professionals from the friendliest clinic in Park City. www.MountainFamilyHealth.com **115 GREEN CIRCLE** 

#### NATIONAL ABILITY CENTER

The National Ability Center is committed to the development of lifetime skills for people of all ages and abilities by providing affordable outdoor sports and recreational experiences in a nurturing environment. www.DiscoverNAC.org

#### **NEW LIFE MWLC**

Specializes in HCG and Vitamin B protocols. Teaching and helping local communities learn a healthy and active lifestyle. Check us out and let's do your BMI/BMA. www.NewLifeHCG.org 130 HEALING WAY

#### PARK CITY DENTAL SPA

Dr James Abraham with Park City Dental Spa will service your dental needs in an eco-sustainable environment complete with complementary spa treatment. www.ParkCityDentalSpa.com **105 INNER CIRCLE** 

#### PLANNED PARENTHOOD

Birth Control, Annual Exams and pap smears, pregnancy testing, sexually transmitted infection tested and treatment, HIV/AIDS testing, vasectomy, Emergency Contraception (EC, the morning after pill), Community Education and Outreach, HPV vaccine, Abortion information and services, Adoption Information. www.PPAU.org **140 GREENWAY NORTH** 

#### PRECISION PHYSICAL THERAPY

Offers safe, effective, and gentle hands-on/manual techniques to alleviate tension patterns in the body present within varying levels of tissues. This noninvasive work enables the body to heal itself and restore hed 20 GREEN CIRCLE 801-557-6733

#### 160 EARTHWELL BLVD.

#### **REAL FOODS MARKET**

Your Complete Source for Nutrient Rich Traditional Foods in Orem, Heber and St. George. www.realfoodsmarket.com

**310 GREEN CIRCLE** 

#### **RESTORE WITH DOTERRA**

In addition to giving plants their distinctive smells, essential oils provide plants with protection against predators and disease and play a role in plant pollination.

www.mydoterra.com/psmith.

#### **150 GREEN CIRCLE**

#### **SCENTSY**

Unique Scentsy warmers use a low-watt bulb to melt specially formulated wax slowly. No flame, soot or wick, our system is the safe way to enjoy over 80 fragrances. B2day.scentsy.us **320 GREEN CIRCLE** 

#### SHADE EZ2GO

Shade Tents that offer 60 UV protection & and are Officially UV certified. www.ShadeEZToGo.com **100 HEALING WAY** 

#### THE SHAMAN'S STORE

Offering items of interest to practitioners of the Healing Arts and collectors of beauty...Textiles, rattles, singing bowls, spirit waters, stones and fetishes, pendulums, indigenous art incenses and essential oils, music, books, cards and jewelry. www.ShamansStore.com **110 HEALING WAY** 

#### SUMMIT INTEGRATIVE MEDICINE

High quality healthcare in a warm, nurturing environment. Licensed naturopathic physicians promote health and wellness with an individualized, integrative approach. www.SummitIntegrative.com

#### **130 GREEN CIRCLE**

THE SPECIFIC CHIROPRACTIC CENTER: Utilizes specific procedures and the most up-to-date technology to provide the highest level of care possible by objectively monitoring the presence and removal of irritation to the central nervous system. www.thespecific.com **125 INNER CIRCLE** 

#### THE UNIVERSITY OF UTAH ORTHOPAEDIC CENTER

Educational programs for wellness and injury prevention. We also offer The Wasatch Weight Vest, a great tool to increase our exercise intensity. www.healthcare.utah.edu/orthopaedics/index.html 110 GREEN CIRCLE

#### THE WORLD FLAG

Teaching Unity – Sharing Diversity. The World Flag was created to raise awareness and funding for non-profit organizations working in the areas of Education, World Health, Human Rights and the Environment. It serves as a unifying symbol to inspire positive global change while continuing to embrace and celebrate our cultural diversity.

www.TheWorldFlag.org

#### 184 EARTHWELL BLVD.

#### WORLD OF HANDS

Hand, Healing & Enlightenment Services Available. Hand Analysis including Life Purpose, Palm Viewing of your Akashic Archives, Reconnective Healings & The Reconnections, Color Light Harmonizing, Astrology Birth Reports www.WorldOfHands.com 160 GREEN CIRCLE

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www.amiracletree.com
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801-363-1505 CatalystMagazine.net

#### EARTHWELL UNIVERSITY

EarthWell offers Over 40 FREE classes. This is your opportunity to learn anything from Green Building 101 to Chakra Balancing!

Descriptions and sign-up at the Answer Station by University Plaza.

#### FEATURED CLASSES

DAILY Composting 101 12:00, 2:00 & 4:00 315 HEALING WAY

#### SATURDAY FREE CLASS SCHEDULE

11:00	The Economics of Home Energy Efficiency –Dwelltek	Green Building 101 –ProActive Energy Concepts	Natural Healing With Essential Oils -Balance Wellness Center	<b>Get The Lead Out</b> –Summit Integrative Medicine
NOON	Starting Transplants From Seeds –USU	Cloud Computing –Sustainable Building Center	Live Young Live Better –Freedom Chiropractic	Toxins, Hormones & Health –Dr. Trevor Cates
1:00	Moody Blues You'd Like to Lose: Hormones & Mood Disorders –All For Women Healthcare	Healthy Fruits & Vegtables –USU Extension	<b>Intuitive Living</b> –Sandra Baker	What is Feng Shui Really? –Feng Shui Results
2:00	PVC Home Drip System –USU Extension	Build Smart Live Well –ProActive Energy Concepts	Nurturing Your Family & Community with Fresh Organic Vegetables Year Round –Growing Spaces	Healing Joints Naturally –Summit Integrative Medicine
3:00	ACL Prevention & Strong Bones –U of U	<b>Green Roofs</b> –Sustainable Building Center	How to Beat Fibromyalgia –Dr. Kevin Millet	Safer Cosmetics –Dr. Trevor Cates
4:00	Sex and the Hormonal Girl: You've Lost That Loving Feeling –All For Women Healthcare	Swaner Eco Center: How it Became A LEED NC Platinum Project -CRS	<b>7 Secrets</b> –Freedom Chiropractic	Healthy Fruits & Vegtables (en Espanol) –USU Extension

## CLASSES: SUNDAY

#### FEATURED CLASSES

DAILY 12:00, 2:00 & 4:00

Composting 101 –Recycle Utah 315 HEALING WAY

#### SPECIAL PRESENTATION

В	i	o	n	e	e	rs

SUNDAY ONLY 3:00 Join Salt Lake City Bioneers in a rebroadcast and discussion of Janine Benya's Nature's 100 Best. Janine will discuss the top 100 biomimicry solutions to the environmental crises we face today.

To learn more: www.bioneers.org or Salt Lake City Bioneers: www.westminstercollege.edu/bioneers THEATRE

## SUNDAY FREE CLASS SCHEDULE

NOON	l've Tried & l've Tried & l've Tried to Lose Weight: Hormones & Weight Management –All For Women Healthcare	Cloud Computing –Sustainable Building Center	Discover Your Purpose & Live It Passionately –Sandra Baker	<b>Get The Lead Out</b> –Summit Integrative Medicine
1:00	ACL Prevention –USU	<b>Green Retrofit</b> –ProActive Energy Concepts	Landscaping Outside The Box: A Permaculture Perspective –Growing Spaces	Green Your Home: 10 Steps to A Healthier Home –Dr. Trevor Cates
2:00	Lions & Tigers & Bears: Stress & Hormonal Imbalance –All For Women Healthcare	<b>Green Roofs</b> –Sustainable Building Center	How to Beat Fibromyalgia –Dr. Kevin Millet	Healing Joints Naturally –Summit Integrative Medicine
3:00	Strong Bones –U of U	Energy Retrofit –ProActive Energy Concepts	What Chakras Tell Us –Balance Wellness Center	Green Medicine Cabinet –Dr. Trevor Cates
3:30	The Economics of Home Energy Efficiency –Dwelltek			

## COOKING CLASSES

Watch cooking demonstrations three times a day in the Kitchen Demo tent!

OMAR'S RAW FOOD CLASS Learn how to connect to your body and your greater body; the earth. Sustainable, tasty, and healthy. by Omar's Rawtopia www.omarsrawtopia.com

#### MOHITOS

Master the art of making Mohitos in this fun, simple and oh, so refreshing class. by Shari of Rawsome Living SAT 3:30 , SUN 3:00

#### FOOD WASTE & SUSTAINABILITY

- 1. Presenting a common restaurant model
- 2. Presenting One World model how to eliminate or at least limit waste in a food establishment and your home.
- 3. The effect of doing that on the environment and most important is your pocket!

#### by One World Café Salt Lake City www.Oneworldeverybodyeats.org

SAT & SUN 11:30





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## THANK YOU!

Wondering how the EarthWell Festival got started? With a dream and a lot of work. EarthWell is the culmination of my experience in promotion, a love of the earth, interest in alternative and complementary healing, fond memories of Renaissance Faires, visits to Burning Man, and a desire to do something to help the world we all share.

It has been a tremendous amount of work, with all the twelve-hour days and no pay that goes along with a labor of love. Every piece of what you see at the festival involved many hours of dreaming, planning, building and organizing. All told, just for myself, there have been 2,200 hours spent in the past ten months raising this festival from dream to reality.

But enough about me ... Without the volunteers who spent hours working for essentially nothing, without the businesses that stepped forward to provide assistance, without all the people offering encouragement along the way, it wouldn't have happened.

So, thanks to all of you who offered support during the creation of EarthWell, and, many more thanks to every one of you who is here today supporting the festival with your presence.

Chris Bachman Festival Director

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